



PARENT
CUE



HIGH SCHOOL

I HAVE QUESTIONS

Why Should I Care About Race?

WEEK 1

GALATIANS 3:26-28;
EPHESIANS 2:14-16

We are all one in Christ.

TALK ABOUT THIS

WEEK 1: Ask your teenage son or daughter if they notice any racial issues at their school or in their friend group. If they answer, ask them to explain more. Don't insert any commentary. Just listen and thank them for sharing.

REMEMBER THIS

"A person standing alone can be attacked and defeated,
but two can stand back-to-back and conquer."

Ecclesiastes 4:12a NLT



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DO THIS



MORNING TIME

One morning this week, write a note on a napkin and sneak it in your kid's lunch. (A great throwback to their elementary school days!) Check out #napkinisms for some witty napkin note ideas. If your kid buys their lunch, take a picture of the napkin and text it to them around lunchtime and say, "I know you buy your lunch these days, but that doesn't mean I can't still leave you a lunch note!"



MEAL TIME

Ask your teenager to share something fun, interesting, or cool they've recently learned from a person from a different race or culture. If nothing comes to mind, then be prepared to share something yourself!



THEIR TIME

Text your teen a link to a blog or podcast that talks about racial issues in a healthy way. Say something like, "I just saw this and thought it was really insightful. No pressure at all, just thought I'd share. Check it out if you get a chance!"



BED TIME

One night this week, surprise your kid with their favorite late-night snack in their bedroom. Sit in their room for a few minutes and enjoy the snack together. No need to talk about anything heavy or serious in this moment—just hang out the two of you.

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